

helping  
*people*

helping  
*here*

*Jonah's future is as bright as his smile thanks to the quality and loving education he receives because of you.*

Helping people.



Greater St. Louis



# helping *people*



*From little ones with the whole world in front of them, to those who've seen the world, and every one in between.*

# helping *here*



*From Cottleville to Collinsville, O'Fallon, MO, to O'Fallon, IL, Chester to Chesterfield, and every place in between.*



We support a network of partner nonprofits who provide a safety net of services that help local people live their best possible lives. This, in turn, helps make our entire community stronger, healthier and more equitable for us all to live, play and work.





# HOW YOUR GIFT **HELPS** ALL OF US

Your impact on the St. Louis region through United Way is incredible. We provide a strong, expansive and flexible safety net to serve our entire community. With more than 160 member agencies and innumerable other community partners, we help local people through five key impact areas — foster learning, provide food and shelter, improve health, strengthen communities, and establish financial security. Listed on the next few pages are just a fraction of the thousands of ways you make life better for everyone within our 16-county region.



## **FOSTER LEARNING**

We believe access to a quality education is the foundation for success for children and youth. We help support the student, teachers, parents and organizations who support our youth.

- 🕒 **EARLY EDUCATION:** Help fund 22 nonprofit early education centers.
- 🕒 **OUT-OF-SCHOOL TIME PROGRAMS:** More than 69 programs through 36 nonprofits provide a safe, constructive place outside of school.
- 🕒 **COLLEGE:** 14 funded programs help young people gain access to a secondary degree, trade school or a certificate program.



*Andrea receives enriched education with an after-school program through YMCA.*

# HOW YOUR GIFT **HELPS** ALL OF US



## **PROVIDE FOOD AND SHELTER**

For many, basic needs aren't so basic. We strive to ensure that people have the critical items and wraparound services that can move them from crisis to stability.

- 🕒 **FEED:** Provide meals and food to thousands through 23 different nonprofits.
- 🕒 **TRANSPORTATION:** Fund 8 different programs to help people get vital transportation.
- 🕒 **SHELTER:** Fund 55 different programs providing support for housing stability.
- 🕒 **VIOLENCE PREVENTION:** Provide support for survivors of domestic violence through 11 nonprofits and 23 programs.



## **ESTABLISH FINANCIAL SECURITY**

The best way to move an individual or family to self-sufficiency is to help them increase income, build savings and grow assets. This creates stability that is crucial for future success.

- 🕒 **JOBS:** Support 36 programs that help people find meaningful employment.
- 🕒 **FINANCIAL EDUCATION:** Equip thousands with education about finances through 45 programs.
- 🕒 **SAVINGS:** Partner with 18 nonprofit and corporate partners to fund IDA programming.





# HOW YOUR GIFT **HELPS** ALL OF US

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## IMPROVE HEALTH

Having access to services, education and healthy lifestyles is critical for health and happiness.

- 🕒 **HEALTHCARE:** Increase access to healthcare services through 30 nonprofits.
  - 🕒 **DISABILITY:** 26 nonprofits aid thousands of individuals living with disabilities.
  - 🕒 **CHRONIC HEALTH:** Support individuals through 45 programs that help treat or inform those with cancer, autism, lung disease, Alzheimers, asthma and more.
  - 🕒 **SUBSTANCE ABUSE:** 98 programs help treat individuals suffering from mental health and substance abuse.
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## STRENGTHEN COMMUNITIES

We are all affected by our surroundings and emergencies and disasters we can't control. These can adversely affect how we establish a secure foundation for our future.

- 🕒 **DISASTER RECOVERY:** 4 partner nonprofits support our community with recovery after floods, fires and other disasters.
- 🕒 **SENIOR SUPPORTS:** 23 member nonprofits with 46 programs help local seniors through the aging process.
- 🕒 **LEGAL ASSISTANCE:** Ensure legal assistance to those who may not be able to receive it through 9 nonprofits.
- 🕒 **RESOURCE CONNECTION:** From rent assistance to food pantries to job training, 153 programs aim to connect individuals to community resources.



# PARTNERS FOR A **STRONGER** REGION

With a focus on racial equity, United Way partners with programs and nonprofits that create equitable conditions and opportunities across our region. We've partnered with more than 160 nonprofits to sustain a strong safety net and make sure local people's needs are met.

As partner nonprofits, these agencies show the ability to manage and utilize funds wisely to create the change so that all people across our region can succeed and thrive.

Affinia Healthcare ●  
AGAPE Ministry of Warren County, Inc. ●  
Alcoholic Rehabilitation Community Home ●  
Almost Home ●  
ALS (Amyotrophic Lateral Sclerosis) Association, St. Louis Regional Chapter ●  
American Cancer Society ●  
American Heart Association ●  
American Lung Association in Missouri ●  
American National Red Cross – South Central Illinois ●  
American Red Cross of Greater St. Louis ●  
Annie Malone Children & Family Services ●  
Asthma and Allergy Foundation of America, St. Louis Chapter ●  
Big Brothers Big Sisters of Eastern Missouri ●  
Big Brothers Big Sisters of Southwestern Illinois ●  
Bilingual International Assistant Services ●  
Boy Scouts of America, Greater St. Louis Area Council ●  
Boys and Girls Club of Bethalto ●

Boys and Girls Clubs of Greater St. Louis, Inc. ●  
Boys Hope Girls Hope of St. Louis ●  
Call for Help, Inc. ●  
Cardinal Ritter Senior Services ●  
Caritas Family Solutions ●  
Carondelet Community Betterment Federation, Inc. ●  
CASA of Southwestern Illinois ●  
CASA of St. Louis ●  
Catholic Charities of St. Louis ●  
Catholic Urban Programs ●  
Center for Hearing & Speech ●  
Center for Women in Transition ●  
Central Institute for the Deaf ●  
Children's Home & Aid ●  
College Bound ●  
Community Action Agency of St. Louis County, Inc. ●  
Community Care Center ●  
Community Council of St. Charles County ●  
Community Living, Inc. ●  
COMTREA, Inc. ●  
Coordinated Youth & Human Services ●  
Cornerstone Center for Early Learning, Inc. ●  
Covenant House Missouri ●

Crider Health Center (Compass Health, Inc.) ●  
Deaconess Faith Community Nurse Ministries ●  
Delta Center for Independent Living ●  
Delta Gamma Center for Children with Visual Impairments ●  
Doorways ●  
Down Syndrome Association of Greater St. Louis ●  
Duo Dogs, Inc. ●  
Eagle's Nest of St. Clair County ●  
Easterseals Midwest ●  
Emmaus Homes, Inc. ●  
Employment Connection ●  
Epilepsy Foundation of Missouri and Kansas ●  
Epworth Children & Family Services, Inc. ●  
FamilyForward ●  
Fathers & Families Support Center ●  
Foster and Adoptive Care Coalition ●  
Gateway Region YMCA ●  
Gene Slay's Girls & Boys Club of St. Louis, Inc. ●  
Girl Scouts of Central Illinois ●  
Girl Scouts of Eastern Missouri ●  
Girl Scouts of Southern Illinois ●

● Foster Learning ● Improve Health ● Strengthen Communities ● Provide Food and Shelter ● Establish Financial Stability





[Girls Incorporated of St. Louis](#) •  
[Good Shepherd Children & Family Services](#) •  
[Great Circle](#) •  
[Guardian Angel Settlement Association](#) •  
[Harris House Foundation](#) •  
[Highland Area Christian Service Ministry](#) •  
[Home Sweet Home](#) •  
[Humanitri](#) •  
[Illinois Center for Autism](#) •  
[Immigrant & Refugee Women's Program \(IHHELP\)](#) •  
[IMPACT CIL](#) •  
[Independence Center](#) •  
[Infant Loss Resources](#) •  
[International Institute of Metropolitan St. Louis](#) •  
[Jewish Community Center](#) •  
[Jewish Family Services of St. Louis](#) •  
[Jewish Federation of St. Louis](#) •  
[Justine Petersen Housing and Reinvestment Corporation](#) •  
[Kids In The Middle, Inc.](#) •  
[Kreative Kids](#) •  
[Land of Lincoln Legal Aid, Inc.](#) •  
[Legal Services of Eastern Missouri](#) •  
[Lemay Child and Family Center](#) •  
[Lessie Bates Davis Neighborhood House, Inc.](#) •  
[Leu Civic Center](#) •  
[LifeBridge Partnership](#) •  
[LifeWiseSTL](#) •  
[Lincoln County Council on Aging](#) •  
[Lupus Foundation of America, Heartland Chapter](#) •  
[Lutheran Child and Family Services of Illinois](#) •  
[Lutheran Family and Children's Services of Missouri](#) •  
[Lutheran Senior Services](#) •  
[Madison County Catholic Charities](#) •

[Madison County Urban League, Inc.](#) •  
[Marygrove Child Center](#) •  
[Mathews-Dickey Boys' & Girls' Club](#) •  
[Megan Meier Foundation](#) •  
[Memory Care Home Solutions](#) •  
[MERS Missouri Goodwill Industries](#) •  
[MindsEye Radio](#) •  
[Mission St. Louis](#) •  
[NAMI St. Louis](#) •  
[National Kidney Foundation](#) •  
[National Multiple Sclerosis Society - Gateway Area](#) •  
[Northside Youth And Senior Service Center](#) •  
[NPower, Inc.](#) •  
[Nurses for Newborns](#) •  
[Oasis Institute](#) •  
[Oasis Women's Center](#) •  
[Operation Food Search](#) •  
[Paraquad, Inc.](#) •  
[Parents as Teachers National Center](#) •  
[Peter & Paul Community Services](#) •  
[Pony Bird, Inc.](#) •  
[Preferred Family Healthcare, Inc.](#) •  
[Presbyterian Children's Homes and Services](#) •  
[PreventED](#) •  
[Provident Behavioral Health](#) •  
[R3 Development NFP](#) •  
[Ready Readers](#) •  
[Rebuilding Together St. Louis](#) •  
[Riverbend Family Ministries](#) •  
[Riverbend Head Start & Family Services](#) •  
[Safe Connections](#) •  
[Saint Louis Counseling](#) •  
[Saint Louis Crisis Nursery](#) •  
[Saints Joachim and Ann Care Service](#) •  
[The Salvation Army](#) •  
[Senior Services Plus, Inc. \(SSP\)](#) •  
[Sherwood Forest Camp, Inc.](#) •

[Society for the Blind & Visually Impaired](#) •  
[Society of St. Vincent de Paul - St. Boniface Conference](#) •  
[The SoulFisher Ministries](#) •  
[SouthSide Early Childhood Center](#) •  
[St. Joseph Institute for the Deaf](#) •  
[St. Louis Arc, Inc.](#) •  
[St. Louis Area Foodbank](#) •  
[St. Louis Public Schools Foundation](#) •  
[St. Martha's Hall](#) •  
[St. Patrick Center](#) •  
[St. Vincent Home for Children](#) •  
[Starkloff Disability Institute](#) •  
[STL Village, Inc.](#) •  
[Turning Point](#) •  
[United Cerebral Palsy \(UCP\) Heartland](#) •  
[United Services for Children](#) •  
[United4Children](#) •  
[University City Children's Center](#) •  
[Unleashing Potential](#) •  
[Urban League of Metropolitan St. Louis](#) •  
[Violence Prevention Center of Southwestern Illinois](#) •  
[Visiting Nurse Association of Greater St. Louis](#) •  
[Vivent Health](#) •  
[VOYCE](#) •  
[Webster Child Care Center at Laclede Groves](#) •  
[Wesley House Association](#) •  
[The Women's Safe House](#) •  
[Wyman Center, Inc.](#) •  
[Young Men's Christian Association of Edwardsville, Illinois](#) •  
[Youth and Family Center](#) •  
[Youth In Need](#) •  
[YWCA of Alton](#) •  
[YWCA of Metropolitan St. Louis](#) •

• Foster Learning • Improve Health • Strengthen Communities • Provide Food and Shelter • Establish Financial Stability



# GET *HELP*

## CALL 2-1-1

One call to 2-1-1, or visit [211Helps.org](http://211Helps.org), and you can quickly and efficiently locate the services you need. Whether it is utility assistance, eviction prevention, food, senior care or counseling, United Way 2-1-1 connects you with local agencies that can help you.

### Find help for:

- Food, clothing, rent and utility assistance
- Physical and mental health resources
- Job programs
- Disabilities support
- Support for children, youth, seniors and families

## JOIN US

You can help the entire St. Louis region at [HelpingPeople.org](http://HelpingPeople.org)

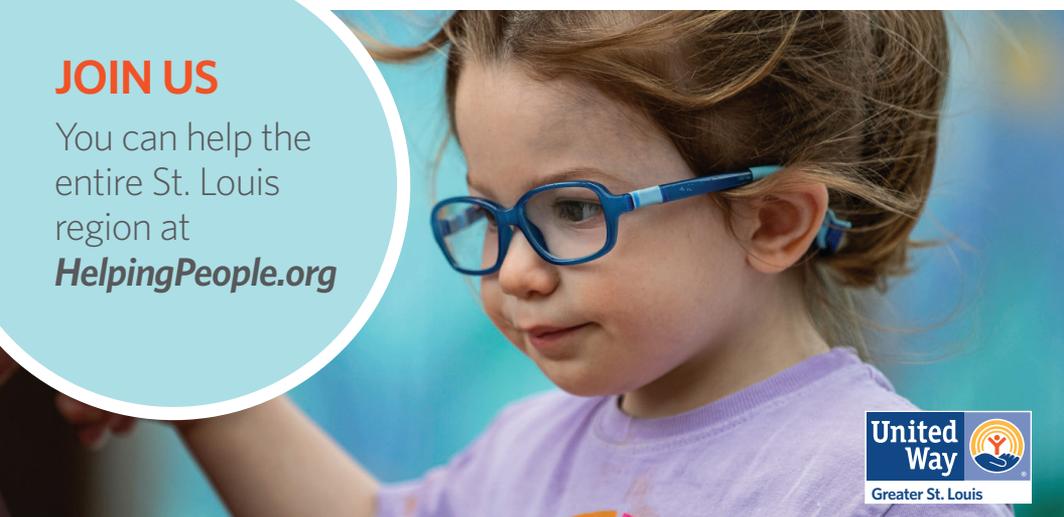
# GIVE *HELP*

## STLVOLUNTEER.ORG

There are many ways to make a difference. Lend your time and make your voice even louder. With thousands of volunteer opportunities every year, you'll be sure to find a project that inspires you to help others. You can also learn how to join a board and get specific leadership volunteer opportunities.

### Search by:

- Your passion
- Group projects
- Family or youth projects
- Specific dates or times
- Recurring opportunities
- Skill-based projects
- Location



(314) 421-0700  
Downtown St. Louis

(618) 233-8441  
Illinois Division

(618) 258-9800  
Southwest Illinois

(618) 877-6780  
Tri-Cities Area

(636) 939-3300  
West Region